CORONAVIRUS – ALERT   06 /12 /20

For the State of Nayarit, the Riviera Nayarit Visitors & Convention Bureau and the Banderas Bay Hotel and Motel Association, the health and wellbeing of our visitors and population is our top priority. The following provides the most up to date information from the State of Nayarit and the Riviera Nayarit CVB as it relates to COVID-19 and the destinations' measures and travel restrictions.

The Government of the State of Nayarit provides the most current information here:
https://covid19.nayarit.gob.mx/

- On Monday, June 8, the Governor of the State of Nayarit announced businesses and organizations, including the hotel industry, can reopen on June 15. Hotels must strictly abide by protocols and health measures put forth by state officials and will only be allowed to operate at 30% capacity to ensure safe social distancing on property including in common areas and pools. Beaches will also reopen on June 15.
- Riviera Nayarit CVB is working diligently to reactivate its tourism industry as quickly and as safely as possible. Earlier this month, it released a **Tourism Wellness and Best Practices Guide** for all tourism partners in the destination, which outlines the elevated standards for sanitation and safety protocols delineated by established international health organizations and the world's leading nations to reduce the risk of COVID-19 transmission. Review guide here. This week, Riviera Nayarit obtained the **Safe Travel** from the World Travel and Tourism Council (WTTC) for aligning all hygiene protocols in establishments to their guidelines.
- Reinforcement of updated protocols are taking place at the main air and maritime entry points of Riviera Nayarit. Review document here.
- The current Phase 3 sanitary measures for all hoteliers and restaurants from the Ministry of Tourism & Health of the Mexican Federal Government can be found here.
- On April 13, Governor Echevarria ordered the closure of Nayarit's borders with the states of Sinaloa and Jalisco to reduce the risk of community transmission.

The Riviera Nayarit CVB will continue to stay in close touch with the State and Federal authorities during this National Health Emergency.

CORONAVIRUS – ALERT

What is a novel coronavirus?

A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019 (COVID-19), is not that same as the coronaviruses that commonly circulate among humans and cause mild illness, like the common cold.

A diagnosis with coronavirus 229E, NL63, OC43, or HKU1 is not the same as a COVID-19 diagnosis. Patients with COVID-19 will be evaluated and cared for differently than patients with common coronavirus diagnosis.

Why is the disease causing the outbreak now being called coronavirus disease 2019, COVID-19?

On February 11, 2020 the World Health Organization announced an official name for the disease that is causing the 2019 novel coronavirus outbreak, first identified in Wuhan China. The new name of this disease is coronavirus disease 2019, abbreviated as COVID-19. In COVID-19, 'CO' stands for 'corona,' 'VI' for 'virus,' and 'D' for disease. Formerly, this disease was referred to as "2019 novel coronavirus" or "2019-nCoV."

There are many types of human coronaviruses including some that commonly cause mild upper-respiratory tract illnesses. COVID-19 is a new disease, caused be a novel (or new) coronavirus that has not previously been seen in humans. The name of this disease was selected following the World Health Organization (WHO) best practice external icon for naming of new human infectious diseases.
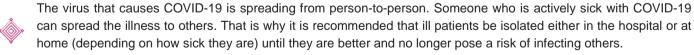
What are the symptoms of the Coronavirus?

For confirmed coronavirus disease 2019 (COVID-19) cases, reported illnesses have ranged from mild symptoms to severe illness and death. Symptoms can include fever, cough and shortness of breath. Symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure. This is based on what has been seen previously as the incubation period of MERS-CoV viruses.

How does the virus causing Coronavirus Disease – 2019 (COVID-19), spread?

This virus was first detected in Wuhan City, Hubei Province, China. The first infections were linked to a live animal market, but the virus is now spreading from person-to-person. It's important to note that person-to-person spread can happen on a continuum. Some viruses are highly contagious (like measles), while other viruses are less so. Currently, it's unclear how easily or sustainably this virus is spreading between people. Learn what is known about the spread of newly emerged coronaviruses.

Can someone who has had COVID-19 spread the illness to others?

The virus that causes COVID-19 is spreading from person-to-person. Someone who is actively sick with COVID-19 can spread the illness to others. That is why it is recommended that ill patients be isolated either in the hospital or at home (depending on how sick they are) until they are better and no longer pose a risk of infecting others.

How long someone is actively sick can vary so the decision on when to release someone from isolation is made on a case-by-case basis in consultation with doctors, infection prevention and control experts, and public health officials and involves considering specifics of each situation including disease severity, illness signs and symptoms, and results of laboratory testing for that patient.

What preventive measures can be done to lessen the risk of the disease?

- Wash hands frequently with soap and water and use gel-based hand sanitizer with a 70% alcohol base.
- Follow the "sneeze etiquette" when sneezing or coughing, that is, cover your mouth and nose with the crook of your arm.
- Don't spit and don't touch your face with dirty hands, especially your nose, mouth or eyes.
- Clean and disinfect surfaces and commonly used objects at home, the office, in enclosed areas, on transportation, in meeting places, etc.
- See your doctor when you have a respiratory ailment.
- Obligatory use of face mask for workers in contact with food or beverage.
- Antibacterial gel in all areas and offices.
- Ensure the bathrooms always have soap.
- Vaccination against the flu.

Is there a vaccine?

There is currently no vaccine to protect again COVID-19. The best way to prevent infection is to avoid being exposed to the virus.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 should seek medical care to help relieve symptoms.

Where to go should you have a concern:

- If you have traveled internationally in the 14 days and believe you have symptoms mentioned above, you may contact one of the following hospitals that are ready and well prepared to assist. Certified doctors can also be sent directly to hotel guestrooms, private condo or villa to assist.

    - The Punta Mita Hospital
      Emergency Phone: 329 688 0068
      Located close to La Cruz de Huanacaxtle, Sayulita, San Francisco and Lo de Marcos.

    - CMQ Riviera Nayarit Hospital
      Emergency Telephone: 329 298 0717
      Av. Héroes de Nacozari 280 Bucerías, 63732
      Riviera Nayarit, Nay., Mexico
      Located close to Flamingos, La Cruz de Huanacaxtle, Sayulita and San Francisco.

    - San Javier Riviera Nayarit Hospital
      Emergency Telephone: 322 226 8181
      Paseo de los Cocoteros # 55, Nautico Turistico, 63732
      Nuevo Vallarta, Nay., Mexico
      Located in the Nuevo Vallarta – Flamingos corridor.